



Attorney John Murphy running for King County's 3rd Council District seat

FOR IMMEDIATE RELEASE: May 19, 2017 MEDIA QUESTIONS: John Murphy | 206-940-6502

North Bend – Attorney John Murphy announced his campaign today to run for the King County's 3rd Council District, currently held by incumbent Kathy Lambert.

"There are pressing issues at the national and local level that are going to affect King County and District citizens including our county employees. My goal is to get more people involved and to improve the quality of life for our children and grandkids," said Murphy, who has served his community as a US Navy Corpsman and as a firefighter and paramedic for more than 40 years.

Murphy intends to bring his diverse background to the council to find solutions on key questions of transit, infrastructure, land use issues, public safety, water quality and preserving our natural resources.

Murphy joined the Navy in 1969 and was deployed to Vietnam as a corpsman. When he left the service, he worked as a firefighter and as a physician's assistant on his off-days.

He was hired with King County Fire District 10, that has since become Eastside Fire & Rescue, and was instrumental in the reorganization of the department and growth, overseeing the development of the department meeting the needs of our citizens. He worked for nearly 20 years with the fire district, and during that time, the district expanded to nearly 200 square miles. During this time, he earned his undergraduate and graduate degrees from Central Washington University and law degree from Seattle University. He retired from the department as Deputy Chief in 2007.

"I guess some people would classify me as a helper," Murphy said. "I have the knowledge base and I have the desire to continue my public service commitment and support of the public as I have for more than 40 years."

Murphy grew up in Massachusetts and New York. His wife, Beth, is a retired firefighter from Bellevue, and a clinical psychologist who specialized in the treatment of PTSD in firefighters and EMTs. Murphy and his wife started a consultancy together focused on litigation support for emergency personnel and providing a resource for firefighters with PTSD and other stress disorders. Murphy and his wife travel across the country teaching on the topics of law and psychology in addition to litigation support. He has five grown daughters and four grandsons.

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